

Moonlight in Vermont

4 Mile Midnight Road Race

Pownal Center, Vermont

Saturday, July 11, 2009

The Batten Kill Valley Runners and the Pownal Valley Fire Department are pleased to present the 10th running of the "Moonlight in Vermont" midnight road race. Held along scenic back roads in the hills of Pownal Center, the course is lit by candle luminaria and the full July "Buck" Moon. The temperature is always comfortable, and the backdrop offered by the Taconic Range of New York, the Berkshire Hills of Massachusetts, and of course, the Green Mountains of Vermont is stunning.

Location: Pownal Valley Fire Department, Route 7 (top of the hill), Pownal Center, Vermont
6¼ miles south of Bennington, Vt., 7¼ miles north of Williamstown, Mass., 50 min from Albany

Date/Time: Saturday, July 11, 2009, Midnight (Saturday night).

Check in: Beginning at 10:30 p.m.

T-shirt: Free to all entries received by July 1 (extras available while supplies last).

Awards: Overall men/women, 1st, 2nd & 3rd in several age divisions for men and women.
Special award for the runner who is "Most Visible in the Moonlight."

Course: Wheel measured, 4 mile hybrid circuit/out & back, 424' of hills, 1½ miles on dirt roads.

Entry Fee: \$13 (\$10 for BKVR members/students/firefighters) in advance. \$15 (\$12 BKVR members/students/firefighters) race night.

Host/Benefactor: The Pownal Valley Fire Department.

Race information: 802 / 442-4414, moonlight@bkvr.org
BKVR membership information: info@bkvr.org, or visit www.bkvr.org

Name _____ Sex **M F** Age _____ (*race day*)

Address _____

City _____ State _____ Zip _____

Phone _____ *E-mail _____

T-Shirt size **S M L XL**

Enclosed \$ _____ (make checks payable to Batten Kill Valley Runners)

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Batten Kill Valley Runners, Pownal Valley Fire Department, and any sponsors, coordinating groups, and any individuals associated with this event, their representatives, successors, and assignees, and will hold them harmless for any and all injuries suffered in connection with this event, including those which may be attributable to weather and lighting conditions. I attest that I am physically able to compete in the race I have entered, and have been sufficiently trained for completion of the event, including hydration. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event.

Signature _____ Date _____

Bib :

Signature of Parent (if under 18) _____

Send entries to: Moonlight in Vermont Road Race ~ 616 Rt. 7A ~ Shaftsbury, Vermont 05262

*E-mail address will be used only for Moonlight in Vermont-related questions and information.