



Running of the Tories
5K Run/Walk Trail Race
Sunday – August 8, 2010



During the Revolutionary War, Arlington’s Tories were chased out of town, and their lands confiscated by the patriots. This is a 5K trail run that starts by a Tory homestead, runs on Tory Lane through the woods fronting the famous Batten kill River, and ends on the lawn in the Arlington Recreation Park

Location: Arlington recreation Park, Route 7A, Arlington, Vermont, just north of Vt. Rte 313, on the banks of the Batten kill River

Course: The first two miles of the 5K trail race follow Tory Lane, a dirt road through the woods; followed by 3/10 mile on **on** the edge of Rte 313 to the Rec. Park. Once in the park, the **course** is soft running surfaces on the edge of the golf course, the park’s running trail, and the lawn in front of the pavilion.

Walkers: Walkers are welcome; awards to the top 5 finishers

Check-In: Beginning at 7:30 at the Arlington Recreation Park, Route 7A, Arlington. Race starts _____ at 9:00 AM at northern end of Tory Lane.

Awards: To the top three overall male and female finishers and winners of 10 year age groups.

Amenities: Post race refreshments, swimming, golf, tennis, canoeing and kayaking on the Battenkill. (Bring **your own** equipment.) Over-night accommodations are available at Arlington’s Inns, B&B’s and campgrounds

Entry Fees: \$13 in advance, postmarked by August 3rd; \$15 race day. Tee shirts to the first 100 to register. A \$2 discount is allowed BKVR racers with membership card. Youth 14 and under, \$5 (no tee shirt); \$10 with shirt. Pre-registered and club membership discounts do not apply. Special family package: \$35 for up to four members of the same family; \$40 race day.

Checks payable to: Arlington Recreation Park

Send to: Arlington Recreation Park, PO Box 218, Arlington, Vermont 05250

Online reg : www.active.com

More info: Dick Bailey (802) 375-2397 or race@on1.net

2010 Running of the Tories Entry Form

Name: _____ **BIB NUMBER** _____

Email: _____ M ___ F ___ Age on Race Day: _____

Street: _____ City: _____ State: _____ Zip: _____

Phone: _____ Choose Race: Run _____ Walk _____ Kids’ Run _____

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages that I may have against the Arlington Recreational and Park Committee, Inc., Batten Kill Valley Runners, Road Runners Club of America, The Town of Arlington, Vt., any sponsors, coordinating groups, and any individuals associated with this event, their representatives, successors, and assignees, and hold them harmless for any and all injuries suffered in connection with this event, including those attributable to weather conditions. I attest that I am physically able to compete in the race I have entered and have been sufficiently trained for completion of the event.

Signature: _____ Date: _____

Signature of Parent (if under 18): _____