

<http://www.manchestervtmapleleaf.com>

Maple Leaf Half Marathon 5K Run and Fun Walk

Saturday September 12, 2009 at 8:30 AM!

Dana Thompson Memorial Park,
Manchester Center, Vermont

Benefits the Manchester Lions Club Charities

Half Marathon Entry Fee (ages 20 and older*) \$30 for online registration (before 9/5/09) -(\$2 discount for BKVR members) – www.Active.com
\$35 for paper form preregistration (postmarked by 9/5/09) ---(\$2 discount for BKVR members)
\$40 for race day or postmarks after 9/5/09

5K Entry Fee (all ages) \$15 for online registration (before 9/5/09) -(\$2 discount for BKVR members) – www.Active.com
\$20 for paper form preregistration (postmarked by 9/5/09) ---(\$2 discount for BKVR members)
\$25 for race day or postmarks after 9/5/09

***Runners ages 19 and younger are charged the 5 K fees whether entered in the half marathon or the 5K. This applies to pre-registration, paper registration, and race day registrations.**

T-Shirts Guaranteed to all preregistered participants. **Optional - wicking shirt available in lieu of cotton shirt - \$15 extra.**

Time Registration opens 7:00 AM at Manchester Parks and Recreation. Changing facilities available. Both the 5K Run/Fun Walk and the Half Marathon begin at 8:30 AM and are run simultaneously.

Location Route 30, one-half mile from the center of Manchester
Course Starts at the registration area. A scenic run, with beautiful views, looping through many back roads, some with hills.

Awards M/F - 1, 2 & 3 overall and in each 5 year age group from 12 and under through 80 & older

(PLEASE PRINT CLEARLY – MUST BE POSTMARKED BY SEPT. 5, 2009)

Name _____

Street _____

City _____ State _____ Zip _____

Tel. _____ Email _____

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administration waive and release any and all rights and claims for damage I may have against the any and all sponsors, coordinating groups and individuals associated with this event, their representatives, successors, and assignees, and will hold harmless for any and all injuries suffered in connection with this event, including those which may be attributed to the weather conditions. I attest that I am physically fit to compete in the race that I entered, and have been sufficiently trained for the event, including hydration. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, videotape or any other record of this event

Signature _____ Date _____

Parent's signature (runner under age 18) _____ Date _____

Return with payment made out to: **Manchester and the Mountains Chamber of Commerce, 5046 Main Street, Suite 1, Manchester Center, Vermont 05255-3451 (800 362-4144)**

Event: 5K _____ Half Marathon _____
Run _____ Walk _____ Gender - M F
Age on 9/12/09 _____ Shirt size S M L XL
Optional - Dry Wicking T-shirt - \$15 Extra --- <u>Must preorder</u> (See website for examples and style) Male size: S M L XL Female: S M L XL Order no later than <u>Aug. 12, 2009</u>