

# Moonlight in Vermont

## 4 Mile Midnight Road Race & Community Ramble **NEW!**

Pownal Center, Vermont

Saturday, July 24, 2010

To help mark the 250<sup>th</sup> anniversary of the town of Pownal, the Batten Kill Valley Runners and the Pownal Valley Fire Department are pleased to present the 11th running of the "Moonlight in Vermont" midnight road race, along with the new Community Ramble (a non-competitive walking event). Held along scenic back roads, the courses are lit by candle luminaria and the July full moon.

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**Location:** Pownal Valley Fire Department, Route 7 (top of the hill), Pownal Center, Vermont  
6¼ miles south of Bennington, Vt., 7¼ miles north of Williamstown, Mass., 50 min from Albany

**Date/Time:** Run: Saturday, July 24, 2010, Midnight (Saturday night). Ramble start: 10 minutes later

**Check in:** Beginning at 10:30 p.m.

**T-shirt:** Free to all entries received by July 17 (extras available while supplies last).

**Awards:** Overall men/women, 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in several age divisions for men and women.  
First, youngest & oldest Pownal participants.  
Participant who is "Most Visible in the Moonlight."

**Courses:** Run: four-mile loop, 424' of hills, 1½ miles on dirt roads.

Ramble: two-mile out and back, modest elevation changes, ½ mile dirt roads.

**Entry Fee:** \$13 (\$10 for BKVR members/students/Pownal residents) in advance. \$15 (\$12 BKVR members/students/Pownal residents) race night. (Click [here](#) to for online registration through Active.com)

**Host/Benefactor:** The Pownal Valley Fire Department.

Race information: 802 / 442-4414, [moonlight@bkvr.org](mailto:moonlight@bkvr.org)

BKVR membership information: [info@bkvr.org](mailto:info@bkvr.org), or visit [www.bkvr.org](http://www.bkvr.org)

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Name \_\_\_\_\_ Sex **M F** Age \_\_\_\_\_ (*race day*)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ \*E-mail \_\_\_\_\_

T-Shirt size **S M L XL** Enter me in the: **Race** \_\_\_\_\_ **Ramble** \_\_\_\_\_

Enclosed \$ \_\_\_\_\_ (make checks payable to Batten Kill Valley Runners)

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Batten Kill Valley Runners, Pownal Valley Fire Department, the Town of Pownal, and any sponsors, coordinating groups, and any individuals associated with this event, their representatives, successors, and assignees, and will hold them harmless for any and all injuries suffered in connection with this event, including those which may be attributable to weather and lighting conditions. I attest that I am physically able to compete in the event I have entered, and have been sufficiently trained for completion of the event, including hydration. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Bib :

Signature of Parent (if under 18) \_\_\_\_\_

**Send entries to: Moonlight in Vermont Road Race ~ 616 Vt. Rte. 7A ~ Shaftsbury, Vermont 05262**

\*E-mail address will be used only for Moonlight in Vermont-related questions and information.