



14th Annual Running of the Turkeys
5K Road Race, 5K Walk, 1K Kids Fun Run
Thursday ~ November 26, 2009
9:00 AM

Come out and enjoy this traditional Thanksgiving morning run in beautiful Arlington, Vermont. You will enjoy the course, the friendly competition, the warm sunny weather, and, of course, you will be able to eat as much as you want the rest of the day without feeling guilty! And yes, it is especially important that we once again hear Alice's Restaurant Massacre this year...

- Location:** Fisher Elementary School ~ East Arlington Road ~ Arlington, Vermont
- Course:** Voted the most scenic Thanksgiving Day Road Race in southwestern Vermont! Yes, there may be a hill (or two or three...!)
- Walkers:** Walkers are welcome; awards to the top 5 male and female finishers
- Check-In:** Beginning at 7:45 at the school.
- Awards:** To the top three overall male and female finishers and winners of 5 year age groups. **2nd annual Buzz Grieger Memorial Family Award** to the extended family with the most number of members who complete any of the three events.
- Stuff:** Elegantly designed, superbly crafted turkeyware to the first 250 entrants in the 5K run and walk. Pre-registrants get first dibs on the turkeyware! **Plus:** BKVR apparel will be available for sale.
- Entry Fees:** 5K: \$13 in advance (\$10 for BKVR members). \$15 for everyone race day. Special family package: \$35 for up to four members of the same family; \$40 race day. Kids Fun Run: \$1. **Checks payable to: Batten Kill Valley Runners**
- Send to:** Batten Kill Valley Runners—823 Route 61, Shushan, New York 12873
- Online reg:** www.active.com
- More info:** Lynn Grieger (802) 362-2810 or lynngrieger@comcast.net

2009 Running of the Turkeys Entry Form

Name: _____ Sex: M ___ F ___ Age on Race Day: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Choose Race: Run _____ Walk _____ Kids Run _____

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages that I may have against the Batten Kill Valley Runners, Road Runners Club of America, any sponsors, coordinating groups, and any individuals associated with this event, their representatives, successors, and assignees, and hold them harmless for any and all injuries suffered in connection with this event, including those attributable to weather conditions. I attest that I am physically able to compete in the race I have entered and have been sufficiently trained for completion of the event.

Signature: _____ Date: _____

Signature of Parent (if under 18): _____